

## Menu

## start fresh

The **premium quality** behind our fresh and healthy food is that we start every dish with **fresh, natural, wholesome ingredients**.

## make it healthy

Every dish is **made fresh to order**. Golden Temple NEVER adds MSG and NEVER uses Trans Fats. **Extra Virgin Olive Oil** is used for cooking and **100% Canola Oil** for frying.

## simply delicious

Every ingredient, every recipe, every cooking process has to result in one thing. **The food has to taste great!**

## balance in all things

Balance, it's all about choices. Golden Temple makes it easy to choose healthy, fresh food —no matter what your tastes.

## Special Diets

All dishes are cooked to order, therefore we can prepare any dish to your specifications. If for any reason you cannot eat certain ingredients such as cornstarch, oil, salt or sugar, please let us know when ordering.

## Healthy Cooking

Golden Temple NEVER adds MSG and we use Extra Virgin Olive Oil for cooking and 100% Canola Oil for frying.

H<sub>2</sub>O

To help in the conservation of water, we will serve ice water only upon request.

## Starters

## Golden Temple Speciality

## Golden Temple Ribs

Large, Specially-Cut, All-Natural Pork Ribs in our Famous Barbecue Sauce. A Golden Temple favorite since 1980. 31.95

## Combination Starters

## Golden Temple Platter

Egg Roll, Boneless Ribs, Crab Rangoon, Chicken Fingers, Teriyaki Beef, and Pot Stickers  
Serves two 34.95 Serves three 49.95

## Beef and Pork

## Beef Teriyaki

Skewered Steak strips seasoned-marinated and broiled on both sides 16.95

## Barbecued Ribs (Pork)

All-Natural Pork Ribs seasoned and marinated and barbecued roasted 19.95

## Barbecued Boneless Ribs (Pork)

All-Natural Pork seasoned and marinated and barbecued roasted 17.95

## Egg Rolls (2)

Finely chopped vegetables seasoned with pork wrapped in egg roll skin and crispy fried 8.95

## Chicken

## Chicken Teriyaki (White meat)

Skewered Chicken tenderloin seasoned-marinated and broiled on both sides 14.95

## Chicken Wings

Seasoned chicken wings and drum crispy fried 15.95

## Chicken Fingers (White meat)

Chicken tenderloin coated in flour and crispy fried 14.95

## Seafood

## Shrimp Tempura

Delicately battered and fried Shrimp, broccoli, green beans, onion, and carrot (a traditional Japanese dish) 15.95

## Salt &amp; Pepper Shrimp

Lightly fried with diced peppers seasoned with sea salt and black pepper 19.95

## Fried Shrimp (4-5)

Gulf shrimp coated with batter and fried (available steamed) 16.95

## \* Spicy Ginger Clams

Fresh steamed littlenecks in hot, spicy ginger garlic sauce  
12 clams. 19.95  
6 clams. 9.95

## Clams in Black Bean Sauce

Fresh steamed littlenecks in black bean sauce  
12 clams. 19.95  
6 clams. 9.95

## Salt &amp; Pepper Calamari

Lightly fried with diced peppers seasoned with sea salt and black pepper 13.95

## Crab Rangoon

Crab and Cream Cheese won ton pinched into little purses and fried till crisp 9.95

## Vegetable

## Scallion Pancake (Meatless)

Crispy-chewy-crunchy multi-layered pancakes fried and layered with slivers of scallions 9.95

## Vegetable Tempura

Delicately battered and broccoli, green beans, onion, and carrot (a traditional Japanese dish) 9.95

## Vegetable Spring Rolls (2) 8.95

## Fried Won Tons

Crunchy-crispy Won Ton Noodles 6.95

## Edamame

Steamed to order and served with a light sprinkling of Kosher salt 5.95

## Dumplings, Shao Mai and Potstickers

## Har Gow

Shrimp and Icelandic Fish Roe (shao mai style) 9.95

## Steamed Dumplings

Shrimp and Chicken (prepared steamed) 8.95

## Shao-Mai (Shrimp/Pork)

Lightly steamed, open-faced dumplings, stuffed with finely chopped shrimp, pork, water chestnuts, scallions, Chinese seasonings 8.95

## Chicken Shao-Mai (Chicken/Shrimp)

Lightly steamed open faced dumplings, stuffed with finely chopped shrimp, chicken, water chestnuts, scallions and Chinese seasoning 8.95

## Pot Stickers (Chicken)

Very finely chopped seasoned chicken wrapped in flour dough and pan-seared (available steamed) 9.95

## Soups

## Won Ton Soup (Pork)

Finely chopped shrimp, water chestnuts, spices wrapped in square won ton in chicken bone broth 8.95

## Golden Temple Won Ton Soup

Finely chopped shrimp, pork, water chestnuts, spices wrapped in square won ton noodles in chicken bone broth with vegetables and noodles 11.95

## Chicken Rice Soup

Pulled chicken meat, white rice in chicken bone broth 7.95

## Chicken Noodle Soup

Pulled chicken meat, soft white noodles in chicken bone broth 7.95

## Egg Drop Soup

Whisk eggs-drizzled into chicken bone broth 7.95

## \* Hot and Sour Soup

Tofu, pickled vegetables, pork and egg 8.95

## Vegetables

Stirfried and sauteed dishes prepared with Extra Virgin Olive Oil and/or Canola Oil

## Vegetable Delight

Assorted vegetables lightly stirfried 14.95-Full

## \* Spicy Hot Green Beans (with pork)

Stirfried with finely chopped pork in spicy hot sauce 14.95-Full 8.65-Med

## Moo Shi Vegetables

Stirfried cabbage, mushrooms, scallions, lily needles, Chinese vermicelli, organic eggs, with Mandarin pancakes 17.95-Full 9.65-Med

## Stirfried Green Beans and Garlic

14.95-Full 8.65-Med

## Sauteed Spinach and Carrots

9.95-Full 6.65-Med

## \* Szechuan Chinese Eggplant

Stirfried with diced red peppers, scallions in spicy hot sauce 13.95-Full 8.65-Med

## Vegetable Tempura

13.95-Full

## Pickled Vegetables 4.95-Med

## Seaweed Salad

mixed seaweed, rice wine, sesame, seasonings 5.65-Med

## French Fried Yukon Potatoes

5.65-Med

\* Spicy Hot!

① Contains Nuts

Before placing your order, please inform us if anyone has a food allergy.

\* Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.

# Entrees

## Beef

All natural, farm raised. Stirfried and sauteed dishes prepared with Extra Virgin Olive Oil and/or Canola Oil

### Beef and Broccoli

Stirfried in light oyster sauce over broccoli  
22.95-Full 15.65-Med

### Beef and Snow Pea Pods

Lightly stirfried with oyster sauce, garlic  
22.95-Full 15.65-Med

### ✳️ Crispy Orange Beef

Sliced flank steak, specially cooked crispy and tender, in aromatic spicy orange sauce 22.95-Full

### Mandarin Orange Beef

Sauteed in special Mandarin orange sauce 22.95-Full

### Sesame Beef

Sliced flank steak crisped and sauteed in tangy, sweet, sesame citrus sauce 22.95-Full

## Steak

All natural, farm raised  
Stirfried and sauteed dishes prepared with Extra Virgin Olive Oil and/or Canola Oil

### Steak Kew

Tenderloin beef chunks stirfried with shiitake mushrooms, bok choy, snow pea pods, water chestnuts in light oyster sauce  
34.95-Full

### ✳️ Shanghai Steak

Tenderloin beef chunks stirfried with shiitake mushrooms, Chinese vegetables in spicy hot sauce 34.95-Full

## Pork

All natural, farm raised. Stirfried and sauteed dishes prepared with Extra Virgin Olive Oil and/or Canola Oil

### ✳️ Szechuan Pork

Finely sliced pork, Szechuan peppers, carrots, onions, peppers, peas and scallions in hot and spicy sauce  
20.95-Full

### Moo Shi Pork

Finely sliced pork stirfried with cabbage, mushrooms, scallions, lily needles, Chinese vermicelli, organic eggs, with Mandarin pancakes 20.95-Full 13.65-Med

### Szechuan Eggplant with Pork

Finely chopped pork, slices of Chinese eggplant, diced red peppers, scallions in spicy hot sauce 20.95-Full 13.65-Med

## Duck

All natural, farm raised

### Beijing Duck

Beijing's famous Rotisserie Duck marinated, grilled until golden crispy, carved and classically presented with meat separated from the skin Served with Mandarin pancakes and hoisin sauce. (Please allow 30-45 minutes.)  
48.95-Whole 31.95-Half

### Roast Duck

Tender duck marinated and seasoned with Chinese herbs, roasted golden brown 43.95-Whole 26.95-Half

## A Little of This, a Little of That

Stirfried and sauteed dishes prepared with Extra Virgin Olive Oil and/or Canola Oil

### Golden Temple Special

Shrimp, beef, snow pea pods, Chinese vegetables stirfried in oyster sauce, with sliced white meat chicken, lightly battered  
25.95-Full

## Chicken

All natural, farm raised  
Stirfried and sauteed dishes prepared with Extra Virgin Olive Oil and/or Canola Oil

### Chicken and Broccoli

Sliced breast stirfried in light oyster sauce over broccoli  
21.95-Full 14.65-Med

### ✳️ Chicken with Snow Pea Pods

Sliced breast stirfried with snow pea pods, light oyster sauce  
21.95-Full 14.65-Med

### ✳️ Ginger Sesame Chicken

Sliced breast stirfried with shredded ginger, onions, peppers in sesame sauce 21.95-Full

### Chicken with Cashews

Diced white meat, water chestnuts, red peppers, celery, sauteed in light hot sauce with cashews 21.95-Full

### Kung Pao Chicken

Diced white meat stirfried with peanuts, scallions, diced celery, carrots in spicy sauce 21.95-Full

### Moo Goo Gai Pan

Sliced chicken breast stirfried with snow pea pods, mushrooms, water chestnuts, bok choy in light sauce  
21.95-Full

### Moo Shi Chicken

Finely sliced chicken stirfried with cabbage, mushrooms, scallions, lily needles, Chinese vermicelli and organic eggs, with Mandarin pancakes 20.95-Full 14.65-Med

### Chicken Vegetable Delight

Sliced breast stirfried with tomatoes, peppers, broccoli, celery, onions, snow pea pods, straw mushrooms, baby corn, bok choy in light sauce 21.95-Full

### Mandarin Orange Chicken

Sliced breast sauteed in Mandarin orange sauce 21.95-Full

### ✳️ General Gau's Chicken

Crispy coated chunks of chicken with spicy ginger sauce  
21.95-Full

### Sesame Chicken

Sliced white meat, lightly battered, sauteed in tangy, sweet sesame citrus sauce 21.95-Full

### Sweet and Sour Chicken

Sliced white meat, lightly battered, with pineapple, peppers, onions in sweet and sour sauce 21.95-Full

## Fish

All fish delivered fresh daily.  
Stirfried and sauteed dishes prepared with Extra Virgin Olive Oil and/or Canola Oil

### Steamed Salmon with Ginger

Fillet steamed with fresh ginger, lemon, broccoli, scallions  
32.95-Full

### Salmon and Snow Pea Pods

Fillet wok-seared with stirfried snow pea pods, scallions, onions, garlic 32.95-Full

### Ginger Chilean Sea Bass

Fillet steamed with ginger, garlic, scallions, finished with sizzling ginger soy 33.95-Full

### Chilean Sea Bass with Black Bean

Fillet steamed with black beans, scallions, garlic 33.95-Full

## Clams

Stirfried and sauteed dishes prepared with Extra Virgin Olive Oil and/or Canola Oil

### ✳️ Spicy Ginger Clams

Fresh steamed littlenecks in hot, spicy ginger garlic sauce  
Full, approx. 18 clams. 28.95  
Med, approx. 12 clams. 19.95

### Clams in Black Bean Sauce

Fresh steamed littlenecks in black bean sauce  
Full, approx. 18 clams. 28.95  
Med, approx. 12 clams. 19.95

## Maine Lobster

### 48 Hour Advance Request

Fresh Maine lobster, Stirfried and sauteed dishes prepared with Extra Virgin Olive Oil and/or Canola Oil Prices subject to market fluctuation

### Maine Lobsters, Cantonese Style

#### 48 Hour Advance Request

(No shell) Fresh lobster meat stirfried with finely chopped pork in lobster-infused, garlic black bean sauce Market Price

### Twin Maine Lobster, Cantonese Style

#### 48 Hour Advance Request

Stirfried in shell with finely chopped pork in lobster-infused, garlic black bean sauce Market Price

### Lobster Sauce (Pork)

Finely chopped pork in lobster-infused, garlic black bean sauce 16.95-Full 8.65-Med

## Shrimp

Prime white shrimp stirfried and sauteed dishes prepared with Extra Virgin Olive Oil and/or Canola Oil

### Shrimp in Lobster Sauce

Sauteed in finely chopped pork in lobster-infused, garlic black bean sauce 26.95-Full 15.65-Med

### Shrimp and Broccoli

Stirfried in light sauce, over fresh broccoli 26.95-Full

### Moo Shi Shrimp

Stirfried with cabbage, mushrooms, scallions, lily needles, Chinese vermicelli, organic eggs, with Mandarin pancakes 26.95-Full 15.65-Med

### ✳️ Szechuan Shrimp

Stirfried with Szechuan peppers, carrots, onions, peppers, peas, scallions in hot, spicy sauce 26.95-Full

### Ginger Scallion Shrimp

Stirfried with ginger, scallions, Chinese herbs 26.95-Full

## Egg Foo Yong

Chinese-style omelette made with **Organic Brown Eggs** can be prepared with seafood, chicken or roast pork with bean sprouts, onions, seasonings, lightly fried to a golden brown, topped with Cantonese gravy. Three omelettes in each order

Roast Pork Egg Foo Yong 19.95-Full

### Mushroom Vegetable Egg Foo Yong

(meatless) 19.95-Full

## Tofu

Stirfried and sauteed dishes prepared with Extra Virgin Olive Oil and/or Canola Oil

### ✳️ Spicy Hot Tofu

Stirfried with baby corn, scallions, red peppers, straw mushrooms in spicy hot sauce 16.95-Full

### Tofu Vegetable Delight

Tofu stirfried with assorted vegetables in light sauce 16.95-Full

### ✳️ Mar Po Tofu

Tofu, finely chopped pork in spicy hot sauce, with red peppers 15.95-Full

## Chow Mein

Prepared with Extra Virgin Olive Oil and/or Canola Oil, bean sprouts, finely shredded celery, onions in light sauce, with dry crunchy noodles.

Chicken Chow Mein 21.95-Full

Vegetable Chow Mein (meatless) 17.95-Full

### Chicago Style

Prepared with bean sprouts, mushrooms, finely shredded celery, onions in dark sauce with dry crunchy noodles

Chicago Beef Chow Mein 22.95-Full

### Subgum Style

Prepared with red and green peppers, diced celery, onions in light sauce with dry crunchy noodles

Subgum Pork Chow Mein 21.95-Full

Dry Crunchy Noodles 5.95-Full 3.65-Med

✳️ Spicy Hot!

🥜 Contains Nuts

# Noodle Dishes and Rice

All stirfried and sauteed noodle dishes prepared with Extra Virgin Olive Oil

## Pad Thai Noodles

Thin, flat rice noodles stirfried with scallions, bean sprouts, organic eggs, crushed peanuts

### 🍴 Special Pad Thai

Chicken, shrimp, broccoli, mushrooms, pea pods, carrots, bean sprouts, scallions, organic eggs, crushed peanuts 27.95-Full

### 🍴 Chicken Pad Thai 21.95-Full

### 🍴 Vegetable Pad Thai

Broccoli, mushrooms, pea pods, carrots, bean sprouts, scallions, organic eggs, crushed peanuts 18.95-Full

### 🍴 Tofu Vegetable Pad Thai

19.95-Full

## Chow Foon

Wide, flat, thick rice noodles stirfried with scallions, snow pea pods, bean sprouts, carrots

### Beef Chow Foon 22.95-Full

### Chicken Chow Foon 21.95-Full

## Chinese Vermicelli

Soft, very fine translucent rice noodles stirfried with snow peapods, shiitake mushrooms, water chestnuts, organic eggs

### Vegetable Chinese Vermicelli

17.95-Full

## Cantonese Noodles

Thin, round egg noodles pan fried on both sides forming a nest. Snow pea pods, water chestnuts, bean sprouts, shredded onions, celery, bok choy, stirfried and placed on top

### Golden Temple Cantonese Noodles

Chicken, shrimp, shredded vegetables, with slices of roasted pork 27.95-Full

### Chicken Cantonese Noodles

21.95-Full

### Plain Pan Fried Cantonese Noodles

8.95-Full

## Golden Cloud Noodles

A crisp light cloud of Lo Mein and Cantonese Noodles, stirfried with carrots, scallions, shiitake mushrooms

### Golden Cloud Vegetable 18.95-Full

### Golden Cloud Chicken 21.95-Full

## Lo Mein

Chinese fettuccini, a soft white noodle stirfried with snow peapods, bean sprouts, onions, water chestnuts, mushrooms

### Vegetable Lo Mein

15.95-Full 8.65-Med

### Beef Lo Mein 22.95-Full

### Chicken Lo Mein 21.95-Full 14.65-Med

### Shrimp Lo Mein 26.95-Full

### Plain Pan Fried Lo Mein 8.95-Full

### 🌶️ Shanghai Noodles

Finely chopped pork in spicy hot sauce with peppers over soft lo mein 19.95-Full

## Green Tea Buckwheat Noodles

Thin, whole grain buckwheat green tea noodles stirfried with spicy sesame oil, peppers, scallions, bean sprouts, mushrooms, bok choy

### 🌶️ Green Tea Buckwheat Spicy Sesame Noodles with Vegetables

18.95-Full

### 🌶️ Green Tea Buckwheat Spicy Sesame Noodles with Chicken

21.95-Full

## Udon Noodles

Thick round noodles made of hard wheat flour stirfried with sliced green peppers, shredded carrots, bean sprouts, scallions in spicy hot sweet sauce.

### 🌶️ Vegetable Udon Noodles

18.95-Full

### 🌶️ Beef Udon Noodles

22.95-Full

### 🌶️ Chicken Udon Noodles

21.95-Full

## Rice

## Brown Rice

Natural long grain brown rice stirfried in Extra Virgin Olive Oil and/or Canola Oil, with sliced carrots, scallions, edamame, onions

### Special Fried Brown Rice

Roast pork, shrimp, edamame, onions, scallions, mushrooms, bean sprouts 18.95-Full

### Fried Brown Rice with Vegetables

(meatless) 12.95-Full 8.65-Med

### Fried Brown Rice with Chicken

White meat chicken 16.95-Full

### Plain Steamed Brown Rice

Natural long grain brown rice 5.95-Full 3.65-Med

## White Rice

Natural long grain white rice stirfried in Extra Virgin Olive Oil and/or Canola Oil, with onions, scallions

### Golden Temple Fried Rice

(prepared dark or white) Roast pork, shrimp, edamame, onions, scallions, mushrooms, bean sprouts 18.95-Full

### Vegetable Fried Rice (meatless)

12.95-Full 8.65-Med

### Roast Pork Fried Rice

14.95-Full 8.65-Med

### Chicken Fried Rice

White meat chicken 16.95-Full

### Shrimp Fried Rice

19.95-Full

### Plain Steamed White Rice

Natural long grain white rice 4.95-Full 2.65-Med

## Specialty Fried Rice

### Chinese Sausage Fried Rice

Jasmine rice stir-fried with Chinese sausage, scallion, cilantro, egg and pea pods 19.95-Full

We strive to provide you, our valued customer, with the best quality and maximum hospitality in a warm, stress free setting. For all this, we ask for a minimum food order of \$24.95 per person.

Before placing your order, please inform us if anyone has a food allergy.

\*Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.

🌶️ Spicy Hot!

🍴 Contains Nuts